



# 4-H Family Affair Newsletter



4-H Resource Center

Quarterly/Fall 2008

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## Welcome to the 2008/2009 4-H Program Year

There are **Revised 4-H Enrollment Forms** for both youth and adults that will be available from your community club leader or you may download a form at [www.ca4h.org](http://www.ca4h.org), The California State 4-H program has rolled out a new enrollment program. All returning 4-H members, leaders, new youth and adults must complete the new form. The office is not able to process the old enrollment forms. Also, the state fees have been increased for this year. Please contact your community club leader for state and community club fees due.

### Summer Events Update

Many 4-H members exhibited at the **Alameda County Fair** from June 27 to July 6. A list of winners is on the fair website at [www.alamedacountyfair.com](http://www.alamedacountyfair.com).

WALKING WITH THE DINOSAURS was the theme for **4-H camp** this year as our county had a full camp of almost 200 participants including 158 4-H members from throughout the county. 4-H camp is held in the beautiful Las Posadas forest just northeast of St Helena. The campers spent a week sleeping under the stars, doing crafts, attending workshops, learning new songs, and meeting new 4H friends from throughout Alameda County. 4-H camp is also the culminating event for many of our teen leaders that are part of the Camp Academy project. These teens work hard all year learning leadership skills, conflict management techniques, and team building strategies to put together an unforgettable time for our younger members. Campers can include Summer Camp as a Camp and Outdoor Adventures Project.

Alameda County had one 4-H member attend the **California State 4-H Leadership Conference** at UC Davis held from July 31 to August 2. There were 545 teens from across the state attending workshops and recreational activities. Many counties had ten or more members attend the conference. The next conference will be held at the new UC Merced campus in August 2009 and Alameda County would like to have more delegates. The Alameda County 4-H Leaders' Council will contribute ½ of the registration fees for every delegate that attends.

The **California State Fair** in Sacramento August 15 to September 1. Alameda County has exhibitors at the Fair and many members have worked in the 4-H Foundation information booth.

**4-H Rocks**-That's the Theme of the **2008 State 4-H Leaders' Forum** which will be held at Asilomar **November 7-9**, and hosted by the South Central Section. Workshops will support New Leader Development, Technology, Home Arts, Animal Science, and Citizenship/Life Skills. Registration is in 2 parts this year: mail your registration form with fee to the Stanislaus County 4-H Office and send in your housing reservation directly to Asilomar. Both are **due by September 5**. Please contact Candy Brown (volunteer) at [candy.brown@lportal.net](mailto:candy.brown@lportal.net) or Sue Moore (staff) at [samoore@ucdavis.edu](mailto:samoore@ucdavis.edu). Contact Russ Hill at [rdhill@ucdavis.edu](mailto:rdhill@ucdavis.edu) about workshop proposals. A featured speaker will be our Acting State 4-H Leader, Sharon Junge. Additional motivational speakers are lined up. Forms are available at: <http://www.ca4h.org/conference/slf/2008%20State%204-H%20Leaders%20Forum.pdf> Alameda County Leaders' Council will pay ½ the registration fee and ½ the tri/quad room fee for each delegate attending the conference..

The **Alameda County 4-H Book Drive** was a success. Thanks to everyone that donated books for Brenkwitz Continuation High School in Hayward. This school has received over 300 books from generous 4-H members. The C.A.L conference delegates that planned this book drive were Katie Fraser, Sarah Cabral, Jessica Choi, Clay Ferguson and Kaycee Thomas. Their adult advisor was Barbara Butko.

#### **4-H All Star News from Katie Fraser**

Being your 2008/2009 All-Star is a great opportunity to get to know each and every club. I recently attended 4-H State Leadership Conference (SLC). I met teens from all over the state. We shared ideas about the Hi-4H project in different counties and they gave me new activities to do in this project. Hi-4H is for 8<sup>th</sup> grade and above. If you want to learn more about Hi-4H come to the next Leaders' Council meeting on August 26 at the Farm Bureau, 638 Enos Way, Livermore at 7:30 p.m. Enter through side door.

Congratulations to Katie Fraser from the Del Arroyo 4-H Club. She has been selected as the 2008/2009 county All Star.

#### **Leaders' Council, Last Tuesday of the Each Month**

Find out about what is happening in Alameda County 4-H. Find out more information about upcoming county events and opportunities for youth and adults in 4-H. Attend the Alameda County Leaders Council meeting. Every parent, youth and project leader is invited to attend the meeting held the last Tuesday of the month from August through May. Calendar of county, sectional and state events, along with informational updates is passed out and county policies are discussed. The meetings begin at 7:30 p.m. The next meeting is August 26, 2008 at the Farm Bureau, 638 Enos Way, Livermore. Enter through side door. For more information call the 4-H Resource Center (510) 639-1370 or (510) 567-6886.

The **2008/2009 Alameda 4-H Calendar** of events is at [www.alamedacounty4h.org](http://www.alamedacounty4h.org). or contact your Community Club leader for a list of events and dates. Events include Skate Night, Achievement Night, C.A.L. Conference, Skit Night, Presentation Day, Small Animal Field Day, Swine Field Day, Cat Field Day, Dog Play Day, State Leadership Conference and 4-H Summer Camp and Leadership meeting dates.

**North Central Section Leader's Council and Youth Council** will be meeting in El Dorado County on September 20<sup>th</sup>. The Youth Council meeting starts at 8:00 and the Leader's Council meeting will start at 9:00am. The youth will be planning CAL Conference, the November overnight for Hi 4H aged members, and their community service projects for the year. The Leader's Council will be planning the Sectional presentation Day, Sectional Citizenship Conference and the new Home Arts Field Day which will start in the 2009-10 4-H year. Everybody is welcome to attend and participate in the committee work. These meetings are a good opportunity for youth to develop new friendships and meet youth their own age for activities that are designed for their ages. Future meetings will be held in November in Yolo County, February in Contra Costa County, and in May in Alameda County. For further information contact Tom Fraser at [tfraser@husd.k12.ca.us](mailto:tfraser@husd.k12.ca.us), or Katie Fraser at [cherylfraser@mindspring.com](mailto:cherylfraser@mindspring.com).

**The 64th Annual Grand National Rodeo, Horse & Stock Show  
2009 Junior Grand National Merit Award Application due September 30, 2008**

The 2009 Junior Grand National Merit Award Applications are due September 30, 2008. The Cow Palace and the award sponsors have been awarding financial assistance to Junior Exhibitors for over sixty years. The Merit Award Program is intended to assist in the purchase, care and feeding of animals to be shown at the 2009 Junior Grand National Stock Show. The 2009 show will be held April 1-5. **New in 2009:** This award can be used for Market, Classic and Breeding Beef, Sheep, Swine and Goats. Applications are available from the 4-H Office or [www.grandnationalrodeo.com](http://www.grandnationalrodeo.com).

In addition, the Grand National Foundation, in conjunction with the Uccelli Foundation, will offer \$6,000 in scholarships to graduating seniors who show at the 2009 Stock Show.

A Junior Livestock Judging Contest Workshop will be held on April 4, 2009 from noon -2:00 p.m. Pre registration is required. Premium books will not be mailed but will be available on the website by early January. The show will once again offer non-livestock divisions such as educational displays, a speech contest, multi-media displays, etc. Please call or e-mail Vanessa Adams at 415-404-4142 or [vadams@cowpalace.com](mailto:vadams@cowpalace.com). Most of the information will be available on the website in January <http://www.grandnationalrodeo.com/welcome.htm>

**Projects open to 4-H members from around the county:**

**Model Horse Project.** The model horse projects instructs on the care, showing, display and storage of model horses of all media (ceramic, plastic, resin) with emphasis on plastic Breyer and Stone horses. Participants are given guidance and advice on developing their individual collections. Model horses are also used to teach various aspects of live horses such as breeds, breed identification, colors, markings, anatomy and conformation. Some projects are planned for the coming year that will require a modest outlay of money...approx. \$30-\$40. Leader: Ann Morehouse, [Annjane2@earthlink.net](mailto:Annjane2@earthlink.net)

**Alameda County 4-H Rifle Team.** This project's syllabus follows the State 4H Small-bore Rifle Course, which is a marksmanship oriented curriculum, and students will work towards the 4H state rifle proficiency levels, as well as the NRA medalist program. We learn safety, operation, marksmanship, etc. on .22 caliber rifles (you do not need to own one). We will touch on other firearms and topics if there is interest as well. Meetings are two Fridays per month at the San Leandro Indoor Range. We are in the classroom from 6:30-7:15, then on the range until 9pm. No experience required. Age 12+. Limit 10 members. At least one parent must attend the mandatory orientation meeting with their student in the fall in order to participate. Range membership: \$40 for the year. Leader: Jane Onojafe, [eonojafe@comcast.net](mailto:eonojafe@comcast.net)

**Citizenship Is Changing** We understand that it is expensive to "ferry" your children to so many 4-H meetings. So, this year, Carol Crossett, the leader, is proposing fewer meetings for the citizenship project while adding a short-term junior leadership project option. Citizenship is open to 7<sup>th</sup> grade 4-H members and up. Junior Leadership is for 6<sup>th</sup> and 7<sup>th</sup> grade 4-H members. These meetings are for both. Come to the Farm Bureau in Livermore from 7:00 to 8:30 p.m. for the project of your choice. Contact Carol Crossett for information.

Interacting in the five areas of citizenship and developing ideas of your own is what the **Citizenship Project** is all about. 7<sup>th</sup> grade and above youth are invited to join the project group. Meetings will be held from 7:00 to 8:30 p.m. at the Farm Bureau in Livermore. Meeting dates are Tuesdays 10/21/08, 1/20/09, 3/17/09, 5/19/09 and one field trip. Participants are encouraged to enroll for the State Citizenship (4 day) "California Focus held in Sacramento in late June.

The **Junior Leadership Project** will be working with the acquisition of leadership skills thru “hands-on” activities and discussion. Beginning with basic skill, we will learn and practice personal and inter-personal leadership skill necessary to be a good leader/followers. Meetings will be held at the Farm Bureau in Livermore from 7:00 to 8:15 p.m. on 9/24/08, 11/18/08, 2/17/09 and 4/21/09. Contact Carol Crossett for more information.

Travel, exciting experiences and new friends are just a few of the rewards for those involved in the **State Exchange Project**. State Exchange is a project in which 4-H members from here get to travel to another state and spend time with other 4-H members while exploring the other state. On the alternate year the 4-H member we visit then comes to spend a week with us in the summer.

In previous years we have visited Pennsylvania, Colorado, Massachusetts, Virginia, Texas, Missouri, Kansas, and Minnesota. We have visited Boston, Washington D.C., New York, Denver and many other places. Our members have lived on farms, rafted down rivers, explored caves, camped out on a ranch, rode horses, visited amusement parks and had a lot of fun. To join the project, a member must be at least 13 years of age as of June 2009 and their parents have to be certified 4-H Leaders during the year in which we host. Our first meeting will be in October. Meetings are held once a month and the exchange is done in the summer, usually the week after Fair. The project is two years long with the first year hosting a 4-H member from another state and the second year in traveling to the other state. Activities are arranged for you and your guest while they are here. For information call the 4-H Leaders Patrick & Julie Colglazier 490-6655.

Check with your Community Club Leader for many other projects that are offered to Alameda County 4-H members throughout the county.

**Skate Night** will be held on October 27, 2008 at Golden Skate, 2701 Hooper Drive, San Ramon. This is an evening of renewing 4-H friendships. The theme is Halloween. Wear your costume. Prizes will be awarded for the Scariest, Best Character (TV, movies, etc.), Most Creative, Most Humorous, Best Recycled and Judges Favorite. Cost is \$4.00 for entry per 4-H Member, 4-H Volunteer or 4-H Parent. Skate rental is included in the price for those that would like to skate. Non 4-H members are \$8.00. For more information contact Carol Crossett at [cvcrossett@aol.com](mailto:cvcrossett@aol.com) or 510 206-5467

**Achievement Night** will be held October 10, 2008 (tentative date). This is a great evening to come and support the recognition of 4-H member achievements through the completion and content of their record book. Many youth will receive cash awards, medals and pins. Star awards and rabbit medalists will be awarded. In addition 4-H Volunteers will be recognized for their years of service to the organization.

The **C.A.L. (Create A Leader) Conference** is January 23, 24, and 25, 2009 at Walker Creek Ranch in Petaluma, CA. At this conference young teens will have fun and learn leadership skills at the same time. Members must be at least in the 6<sup>th</sup> grade to attend.

**County Presentation Day 2009** is fast approaching. Start planning Now! In 4-H, much of what we do and are is about “public speaking” and communication”. This is exactly what a Presentation (sometimes called a Demonstration) is all about. A good 4-H presentation takes planning and follows a pre-set format. Usually, the Presentation is about teaching others a skill learned in one of your 4-H projects. To assemble a Presentation, you need to seek out the information, organize the information and then teach your audience how to do it. There is a pre-set format on the State website <http://www.ca4h.org/leadership/spd/4HPresentationManual-3.pdf> for each of the suggested formats. Practice makes the difference! For more information, contact our community club leader or the 4-H Resource Center 510 639-1370.

### Project Leader Resource

**Meet the Greens** Activity Guide 23pp for ages 9-12. The guide can be downloaded from <http://meetthegreens.pbskids.org/features> and included activities such as Global Warming and Our Carbon Footprint and Cutting Down on Trash.

Help teens become financially literate. **Money Talks** is a financial literacy curriculum developed by the University of California. It is written for teens age 14 to 18. There is a leaders' guide to accompany each teen guide. The three modules cover "Should I Be Listening?", "Should I Be Banking?", and "Should I Be Charging?" For more information, contact Cheryl Fraser at the 4-H Office or visit the website <http://moneytalks.ucr.edu>.

**Record Book Training Workshops** can be sponsored by your club. These trainings are open to members, parents and volunteer. They are presented by Alameda County 4-H Volunteers who attended the State Record Book training workshop. To schedule a workshop for your club or multiple clubs contact the 4-H Resource Office.

**California 4-H WHEP Training 2008** will take place on October 3, 4, 5, 2008 at Walker Creek Ranch, Petaluma, CA <http://www.walkercreekranch.org/> The Wildlife Habitat Evaluation Program is inviting 4-H volunteers, members, parents, staff, teachers, camp education directors and anyone interested in promoting environmental education and wildlife management. The California program is focused on a national 4-H program created to teach participants about wildlife ecology and management. It is designed to operate in the traditional 4-H program or can be adapted to for any group format. This curriculum has activities designed for primaries, juniors and seniors. Arrive Friday at 1:00 p.m. for a tour of Bodega Marine Lab and surrounding area, or by 5:00 for dinner; depart Sunday at 1:00 p.m. Cost for this fabulous weekend is \$200.00 which includes a two-night stay at the Ranch, six meals, snacks, and gourmet s'mores. A price break is available for groups or families that are willing to share the materials and take only one set, rather than one per participant. Contact the 4-H office for an application or Mary Engebret, (707) 996-2981, [maryengebret@comcast.net](mailto:maryengebret@comcast.net) Applications and fee are due August 15, 2008. Call Mary for availability after that date.

The **2008 4-H Golden Clover Award** program is seeking qualified 4-H members and volunteers to apply for the Robert Brownlee Science Award. Since no recipients were awarded a Brownlee Science Award during the initial 4-H Golden Clover Award selection process in June 2008, this category is being re-opened for additional applications. Due **September 30**, 2008.  
<http://www.ca4h.org/4hresource/ir/goldenclover/2008GoldenCloverAwards-ReRelease.pdf>

The **State 4-H Horse Classic** - Championship Horse Show was held in late June at the Santa Cruz County Fairgrounds in Watsonville. It was nice weather, lots of fun with horses, and congratulations to the high point winners and class placing. The 2008 results are listed on the equine web site at <http://ca4h.org/projresource/horse/>. On the same page, you will also find a link to the Master Results from 1997-2008. The next event, **State 4-H Equine Field Day**, will be held in November in Southern California; location and date to be announced.

Do you need money to carry out your service project? Each year the California State 4-H Office provides funds to members and volunteer leaders for service-learning projects through the **California 4-H Service Learning RFP**. Groups can request up to \$5,000 to fund activities that address significant environmental, economic and/or social issues affecting California's youth, families, and communities The Service Learning RFP application is available on the web at: <http://www.ca4h.org/citizenship/funding/index.asp>. Examples of past projects are also listed. The application is due **September 15, 2008**.

The **volunteer leader website** is a new interactive and growing site that can be seen at <http://ucanr.org/4-hvolunteers/>. There are sections that will change monthly, a 4-H Blog, 4-H Volunteer Voices, and updates in the program. We hope you'll enjoy seeing all the resources you need in one centralized location. In order to build this new section of the website, please send any recent stories of 4-H in the news in your community that you would like to share. You can email these stories to: [fourhstateofc@ucdavis.edu](mailto:fourhstateofc@ucdavis.edu)

Applications for the **2009 National 4-H Conference** are now being accepted from 4-H members (age 16-19), 4-H volunteers and 4-H staff. The National 4-H Conference is the Secretary of Agriculture's premier youth development opportunity to engage youth in developing recommendations for the 4-H Youth Development Program. Join the California delegation by applying by **September 30, 2008**. More information is available at <http://www.ca4h.org/conference/n4hc/index.asp>

Do you have experience and interest in computers, the Internet, digital photography, GPS/GIS, or other tech area? Join the **2009 California 4-H Computer Corps!** The 4-H Computer Corps increases the use and awareness of computer technology in the California 4-H Youth Development Program. 4-H members, age 15-19, 4-H volunteers and staff may apply by **September 30, 2008**. More information is available at <http://ca4h.org/wrp/compcorps/>

**4-H Fur N' Feathers show** - Ventura County 4-H will be hosting its 2<sup>nd</sup> annual 4-H All Breed Shows & Jr. Showmanship Events on **November 15, 2008**. Entries are due by **October 30<sup>th</sup>**. For more information, please click <http://ca4h.org/4hresource/updates/attach/FurFeathers2008.pdf>. \*\*\* Please note - The Premium Book listed on the flyer will soon be posted on the website.

A **4-H Shooting Sports Workshop** for the rifle discipline will be held in Corona, CA on Saturday, **October 11**, from 8 am -5:30 pm and on Sunday, **October 12**, from 8 am - 4:30 pm at Raahuage Shooting Enterprises, 14995 River Road, Corona. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. Continental breakfast and lunches will be provided both days courtesy of the *Monte Vista Diamonds 4-H Club*. To register for the course contact John Borba at: [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu). For directions, visit: <http://www.raahauges.com>

A **Shotgun Trainer Course** will be held 9:00am-5:00pm, Saturday and Sunday, October 18-19, 2008 at the Ukiah Gun Club, in Mendocino County. Upon successful completion of this two-day course, participants will be certified as 4-H leader trainers, and will be eligible to serve as shooting sports project leaders, as well as instruct and certify other volunteers in the discipline of shotgun. Cost for the course is \$30, which includes shotgun shells, clay targets, continental breakfast and lunch both days, and class materials. Teen Leaders may attend, with a participating adult volunteer. Limited camping space is available, contact John Holder for arrangements. The course will be limited to twenty (20) participants. You must be an appointed 4-H volunteer or member to attend this training. Send Training Request Form (found at <http://ca4h.org/projresource/shootingsports/index.asp>) with fees payable to "Mendocino County 4-H Council" to UCCE 4-H Shotgun, 890 North Bush Street, Ukiah CA 95482.

For more registration information, contact Linda Edgington (707) 463-4495 or [lgedgington@ucdavis.edu](mailto:lgedgington@ucdavis.edu). If you have questions regarding the course or facility, contact the instructor, John Holder at (707) 485-8445 or [bearhunt56@hotmail.com](mailto:bearhunt56@hotmail.com)

**4-H International Exchange** is inviting members and chaperones to explore Japan, Finland, Australia and, new in 2009, Costa Rica. For more information check out the California State 4-H website <http://www.ca4h.org/exchange/index.asp> or contact the 4-H county office for a flyer.

The **State Leader's Council Meeting** will be held **October 25** from 10am - 3 pm in the Northern California region. Please contact Vicky Bosworth at: [vgboz@comcast.net](mailto:vgboz@comcast.net) for further details on location and time of the meeting.

The 32nd Annual **National Youth Horse Leaders Symposium**, presented by the American Youth Horse Council (AYHC), will be held on **March 27 through 29**, 2009 in Lincoln, Nebraska. The Symposium will again include a variety of presentations including live horse demonstrations, roundtable sessions, and classroom presentations on a variety of topics. Additionally, kickoff reception, vendor booths, a silent auction and the Youth Leaders Celebration Awards Banquet allow attendees to have fun and interact throughout the weekend. For more information go to: [www.ayhc.com](http://www.ayhc.com) or call 800-TRY-AYHC or email [info@ayhc.com](mailto:info@ayhc.com).

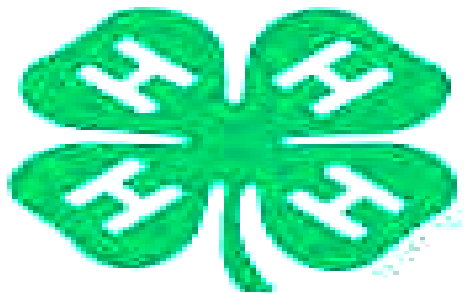
Secretary Ed Schafer announces a "**Fight Hunger Initiative**" and is looking for individuals and groups to help the USDA fight hunger in communities across America. For more information and a toolkit of ideas to start a program to fight hunger, visit [www.usda.gov/secretary](http://www.usda.gov/secretary). If you or your group has a new, unique idea for solving the hunger problem, visit [http://www.usda.gov/wps/portal/!ut/p/\\_s.7\\_0\\_A/7\\_0\\_1OB?navid=FBCI\\_FORM](http://www.usda.gov/wps/portal/!ut/p/_s.7_0_A/7_0_1OB?navid=FBCI_FORM) enter for the chance to win Secretary Schafer's Fight Hunger Initiative Award.

4-H participants interested in a career helping the United Nations are invited to take the **UN National Competitive Recruitment Examination (NCRE)**. Please visit: <http://www.un.org/Depts/OHRM/examin/ncrepage.htm> to see if you qualify for a career with the UN and to sign up for the exam. The United Nations has entry-level professional positions available.

**Siemens We Can Change the World Challenge** - 4-H members who have great program ideas for helping the environment can enter this national middle school competition. Students will be challenged to identify and come up with solutions to an environmental problem in their community. For more information on how to enter the competition, visit: <http://www.wecanchangetheworldchallenge.com>

**Do Something** is a website community where young people learn, listen, speak, vote, volunteer, ask, and take action to make the world a better place. Check out their home page here: [www.dosomething.org](http://www.dosomething.org). **Do Something's Plum Youth Grants** are available to individuals, age 25 or under, who want to further the growth and success of their existing community action projects. Grants of \$500 are given out each week to young community activists in the U.S. and Canada. Applications are accepted on a rolling basis and stay active for consideration for three months after submission. To apply for these grants, go to [http://www.dosomething.org/plum\\_youth\\_grant\\_application](http://www.dosomething.org/plum_youth_grant_application). You will need to create a project profile and submit an online application.

UNIVERSITY OF CALIFORNIA



CITIZENSHIP

LEADERSHIP

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